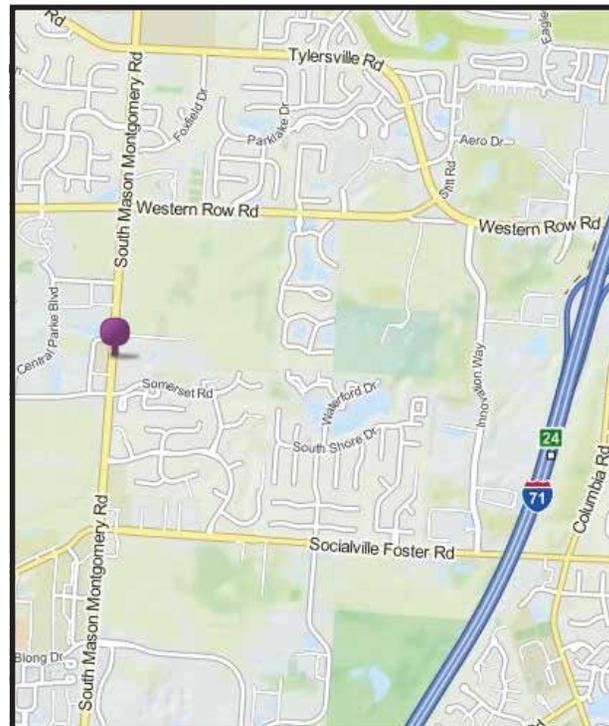


Plantar Fasciitis

Radial Shock Wave Therapy

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SPORTS THERAPY INC.

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RADIAL SHOCK WAVE THERAPY - How It Works

RSWT is an innovative non-surgical modality for reducing heel pain that has not responded to traditional therapies. The Swiss DoloClast method delivers pneumatically generated pressure waves that travel through the skin. As these pressure waves come into contact with inflamed tissue, they stimulate the body's natural healing process by improving cellular metabolism and enhancing blood circulation. Damaged tissue gradually regenerates and eventually heals.

This treatment is safe and effective and has been evaluated by the FDA using a randomized, controlled, double blind study.



What Can Patient Expect

The therapist will locate the involved/painful region by palpation and discuss the findings with you.

Shock Wave treatment sessions are brief, but will be paired with a stretching and strengthening program to optimize healing.

Results

After only two or three sessions the majority of patients report significant pain reduction.



Other Common Diagnoses Treated by Shock Wave Therapy

- Achilles Tendonitis
- Lateral Epicondylitis (Tennis Elbow)
- Medial Epicondylitis (Golfer's Elbow)
- Rotator Cuff Tendonitis
- Patellar Tendonitis
- IT-Band Syndrome

Plantar Fasciitis

Often characterized by inflammation or degeneration of the connective tissue on the bottom of your foot, Plantar Fasciitis can result in microtears that are aggravated especially in the morning, when taking your first few steps. The area tries to heal, but continues to get irritated forming scar tissue, which can develop into fibrosis.

